

# VCCL Results - parkrun 2021

Race 11

Saturday, 3 July, 2021

5km

parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
1	Brigitte Humphrey	275	18:23	24	3:40	0:14	14:29	0:00	3:41
2	Les Williams	93	19:40	28	4:15	0:18	15:07	0:38	3:56
3	Irene James	60	24:18	58	8:45	0:05	15:28	0:59	4:52
4	Matt Grant	231	17:15	11	1:40	0:05	15:30	1:01	3:27
5	Greg Foran	171	20:07	22	3:20	1:12	15:35	1:06	4:01
6	Wayne James	119	20:56	35	5:15	0:05	15:36	1:07	4:11
7	Brendan Norden	77	21:41	37	5:35	0:27	15:39	1:10	4:20
8	Claire Thiele	86	23:27	51	7:40	0:05	15:42	1:13	4:41
9	Fraser Murray	191	20:58	32	4:50	0:21	15:47	1:18	4:12
10	Elisha Ezard	345	21:51	39	5:55	0:02	15:54	1:25	4:22
11	Mark Andrews	144	18:45	17	2:35	0:03	16:07	1:38	3:45
12	Russell Johnson	30	23:09	44	6:40	0:12	16:17	1:48	4:38
13	Natalie Densley	338	22:31	35	5:15	0:50	16:26	1:57	4:30
14	Julian Harris 01	132	18:45	15	2:15	0:00	16:30	2:01	3:45
15	Fiona Ely	368	27:34	61	9:10	1:27	16:57	2:28	5:31
16	Glenn Sullivan	280	21:13	23	3:30	0:13	17:30	3:01	4:15
17	John Mackay	203	40:55	100	15:00	0:00	25:55	11:26	8:11